

# Dementia-friendly communities

Empowering people with dementia to have high aspirations, confidence and know they can contribute

Shaping communities around the views of people with dementia and their carers

Empowering people with dementia and recognising their contribution

Ensuring early diagnosis, personalised and integrated care is the norm

Businesses and services that respond to customers with dementia

Maintaining independence by delivering community-based solutions

Ensuring that activities include people with dementia

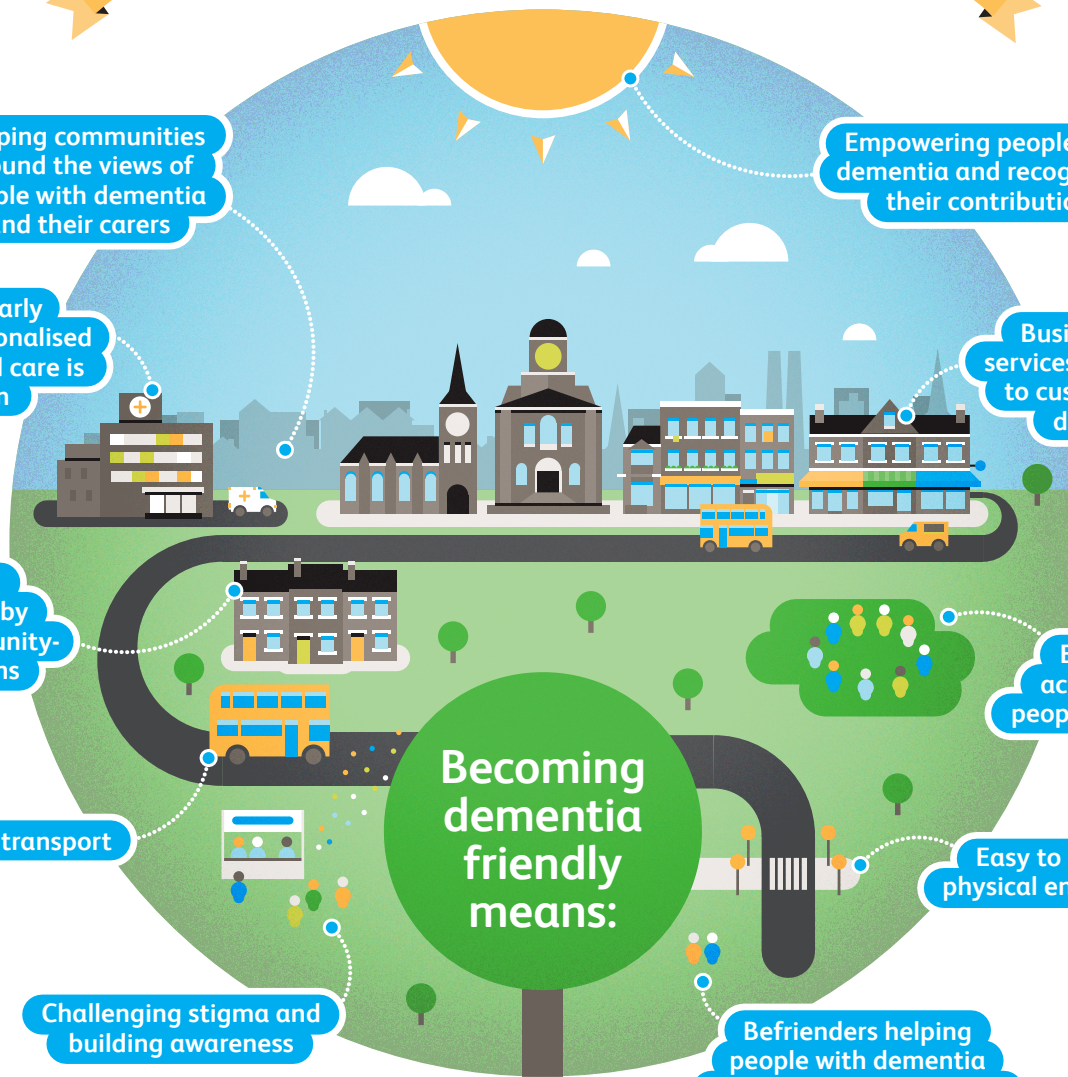
Appropriate transport

Easy to navigate physical environments

Challenging stigma and building awareness

Befrienders helping people with dementia engage in community life

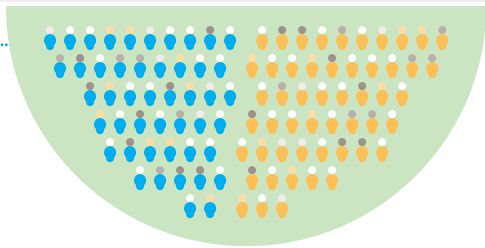
Becoming dementia friendly means:



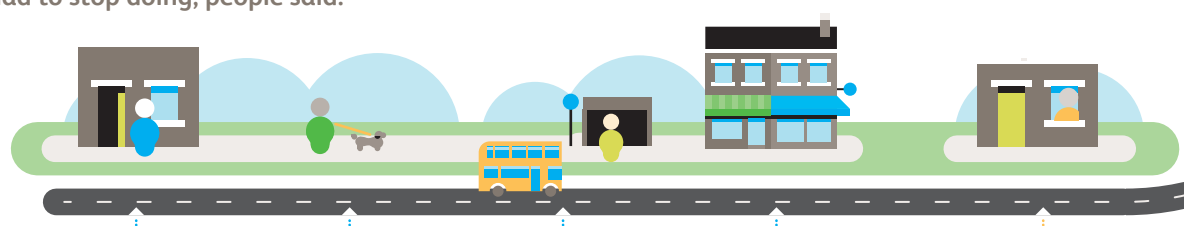


Only **47%**

of survey respondents feel a part of their community



When asked what they have had to stop doing, people said:



**28%**  
getting out of the house



**22%**  
exercise



**16%**  
transport



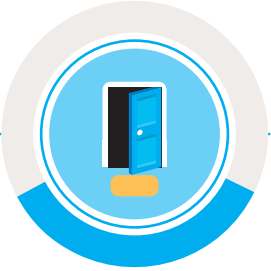
**23%**  
shopping



**9%**  
have had to give up everything



When asked how often they left the house:

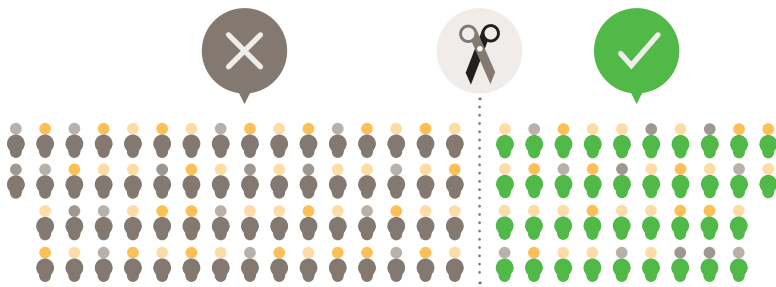


**35%**  
go out  
**once a week**  
or less

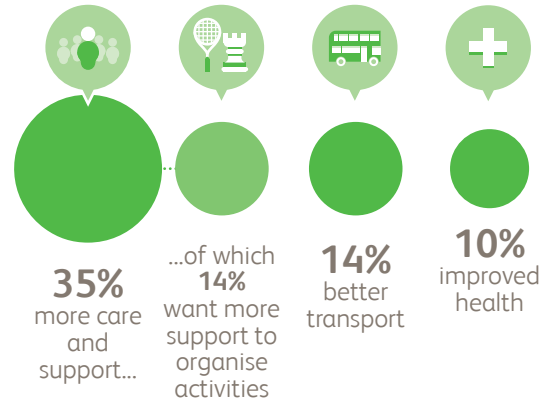


**10%**  
go out  
**once a month**  
or less

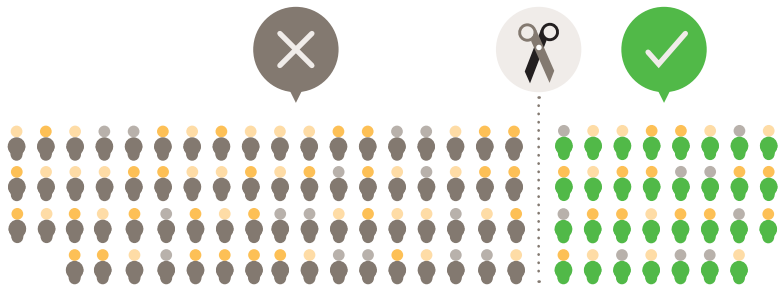
**63%**  
of people with dementia do not wish  
to try new things in their community



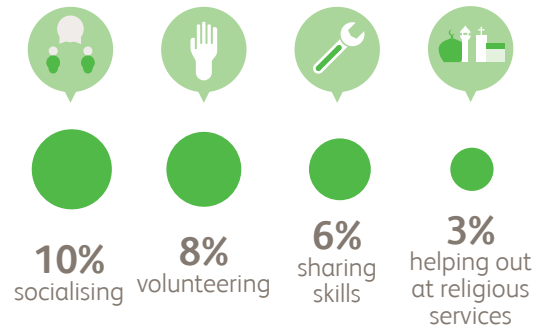
To do more in their local area,  
people with dementia want:



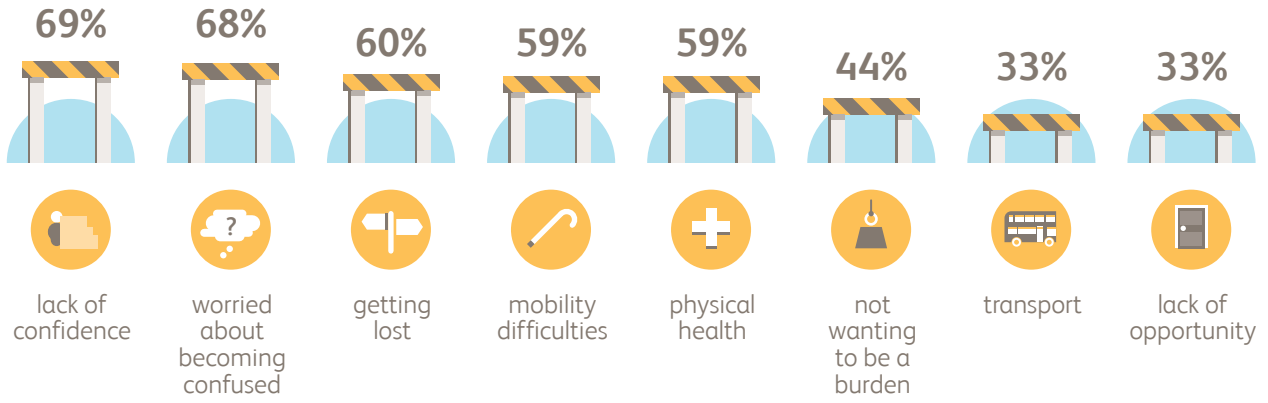
**66%**  
of people with dementia did not feel they  
could contribute to their community



However when people thought  
they could, suggestions included:



People with dementia feel their biggest barriers to participating in their local area are:



The opportunity for change:

